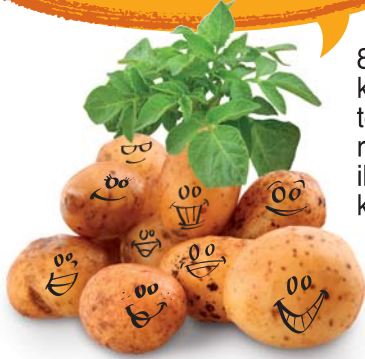


Mena ka taea
e te paka rīwai...

...ka taea e koe
te mahi kai!



Iti noa te moumou
me au.



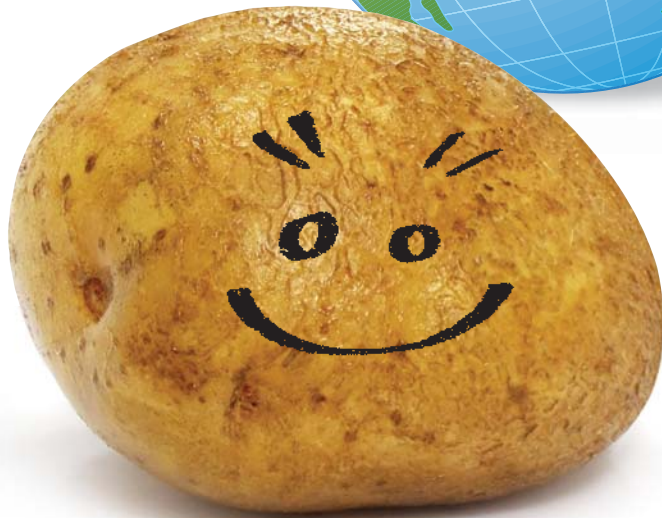
85% o aku tipu ka taea te kai - kāore koe e kai i aku rau. whakataurititia tērā ki ētahi atu huanga kai pēnei i te raihi, witi me te kānga. āhua 50% noa iho ka taea te kai ka mutu kei te kite koe kei runga noa atu au!

Whakatipu
tūtatia mai au.



He iti ake te pānga mai ki
te ao ina kore au e kawea
ki te ao.

He tino pai
au mō te ao!



He wāhanga nui tō ngā rīwai mō te
whāngai i te ao me te tiaki i te ao
mō ngā whakatipuranga kei muri.
Ko au te huanga kai nui tuatoru i te
ao, ā, nā ngā pēhitanga ki te ao o
te iti haere o te take whenua me te
wai, he kōwhiringa kai pai au.

Iti noa te wai ki a
au mō te tipu.



Tata ki te 3,000 ngā rita wai
(300 ngā pākete) ki te
whakatipu i te 1 kirokaramu
raihi, 500 (50 ngā pākete)
ngā rita wai hei whakatipu
i te 1 kirokaramu witi, ā,
75 ngā rita wai mō te
1 kirokaramu rīwai (8 ngā
pākete)!

Ka tipu au i te nuinga
o ngā wāhi katoa.

He nui atu ngā kai e
hua ana i a au, he tere
ake, te iti o te whenua,
i roto i ngā āhuarangi
kakawa, me te iti ake
o te wai tēnā i ētahi
atu huanga kai
matua.

